



# Barnstable Public Schools

## Special Education Parent Advisory Council

Meeting – Wednesday, April 5, 2017

Barnstable-West Barnstable Elementary School ~ Library  
2463 Main Street (Route 6A), West Barnstable

**5:45 SEPAC Meeting**

**Nomination of 2016-17 SEPAC Officers** – moved from March meeting cancelled due to snow

**Input/Suggestions From Parents** – To forward to Special Education Administration and Superintendent

**Emailed suggestions are welcome!**

**6:30 Presentation** – Navigating the ADHD Brain

**Massachusetts Special Education Law (Section 3 of Chapter 71B) requires every school district to have a SEPAC.** This council is charged with:

*"...The parent advisory council duties shall include but not be limited to: advising the school committee on matters that pertain to the education and safety of student with disabilities; meeting regularly with school officials to **participate in the planning, development, and evaluation of school committee's special education programs.** ..."*

**This is YOUR parent advisory council.**

**Be involved!**

Help improve special education services in Barnstable Public Schools.

## NAVIGATING THE ADHD BRAIN

Presented by:

**Holly Oberacker & Tracey Bromley Goodwin of *Navigating ADHD***

Join us for a presentation on what ADHD is and isn't. Learn how to pull out the many strengths your child or student possesses by understanding the flip side of ADHD. Strategies for communicating effectively, developing self-awareness and building self-esteem will be included.

**REMINDER → Next Meeting ~ Thursday, May 11 ~ 6:00 p.m. at Barnstable High School**  
Election of 2016-17 SEPAC Officers  
Celebration! ~ Family Event

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Check the SEPAC website often for updates and minutes of past meetings.  
[www.BarnstableSepac.com](http://www.BarnstableSepac.com)